

**Anbefalt litteratur;
PROPSY310 Kultur, helse og utvikling
Høsten 2014**

Tema 1: Samfunn og kultur

Berry, J. W., Poortinga, Y. H., Breugelmans, S. H., Chasiotis, A., & Sam, D. L. (2011) Cross-cultural psychology: Research and applications 3^{ed} edition. Cambridge University press.

Tema 2: Samfunn, individ og helse - sosial støtte, selvregulering og positiv utvikling

Aarø, L.E., & Flisher, A. J. (2012). Health Behaviour in Context. In B. Wold & O. Samdal (Eds.), *An Ecological Perspective on Health Promotion Systems, Settings and Social Processes* (pp. 17-33). Bentham Science Publishers

Deci, E. L., & Ryan, R. M. (2008). Self-determination theory: A macrotheory of human motivation, development, and health. *Canadian Psychology*, 49(3), 182-185.

Green, L.W., & Kreuter, M.W. (2005): *Health Program Planning. An Educational and Ecological Approach*. New York, NY: McGraw-Hill Companies. Chapter 1.

Mittelmark, M.B. (2012). From Associations to Processes. In B. Wold & O. Samdal (Eds.), *An Ecological Perspective on Health Promotion Systems, Settings and Social Processes* (pp. 11-16). Bentham Science Publishers

Moore, L., de Silva-Sanigorski, A., & Moore, S.N. (2013). A socio-ecological perspective on behavioural interventions to influence food choice in schools: alternative, complementary or synergistic? *Public Health Nutrition*, 16(6), 1000 – 1005. doi: 10.1017/S1368980012005605.

Project GPS “Building Goal Management Skills to Strive”. Goal Selection, Pursuit of Strategies & Shifting Gears. (2011) Thrive Foundation for Youth.

(This is a manual about some practical ways to select, pursue and achieve goals; a joint project by the Institute for Applied Research in Youth Development (IARYD) of the Eliot-Pearson Department of Child Development at Tufts University and the Thrive Foundation for Youth of Menlo Park, California; Prof. Richard Lerner is the head of IARYD).

Project GPS “Building Goal Management Skills to Strive”. Goal Selection, Pursuit of Strategies & Shifting Gears. (2011). Thrive Foundation for Youth.

Samdal, O., & Wold, B. (2012). Introduction to Health Promotion. In B. Wold & O. Samdal (Eds.), *An Ecological Perspective on Health Promotion Systems, Settings and Social Processes* (pp.3-10). Bentham Science Publishers

Ekstra litteratur for de som er interessert

Deci, E. L., & Ryan, R. M. (2012). Motivation, Personality, and Development Within Embedded Social Contexts: An Overview of Self-Determination Theory . In R.M. Ryan (Ed.) *The Oxford Handbook of Human Motivation*, (pp. 85-107). Oxford, UK: Oxford University Press.

Tema 3: Risiko- og beskyttelsesfaktorer

Borge, A. I.H. (Ed). *Resiliens i praksis: Teori og empiri i et norsk perspektiv*. Oslo, Gyldendal Akademisk, 2007. Kap.: 1, 2, 3,4,7, 8,9,10.

Flere artikler kommer seinere

Tema 4: Longitudinelle forskningsdesign og livsløpsforskning

Alwin, D. F. (2012). Integrating Varieties of Life Course Concepts. *Journals of Gerontology Series B-Psychological Sciences and Social Sciences*, 67(2), 206-220. doi:10.1093/geronb/gbr146

Arnett, J. J. (2000). Emerging adulthood - A theory of development from the late teens through the twenties. *American Psychologist*, 55(5), 469-480. doi:10.1037//0003-066x.55.5.469

Duncan, T. E., & Duncan, S. C. (2004). An introduction to latent growth curve modeling. *Behavior Therapy*, 35(2), 333-363. doi:10.1016/s0005-7894(04)80042-x

Nagin, D. S., & Odgers, C. L. (2010). Group-Based Trajectory Modeling (Nearly) Two Decades Later. *Journal of Quantitative Criminology*, 26(4), 445-453. doi:10.1007/s10940-010-9113-7

Dessuten litteratur relatert til obligatorisk oppgave.

NB: Bøker kan kjøpes på Studia.

Vitenskapelige artikler/kapitler legges ut på Mi side.