

Ressurslitteratur Klinisk masterstudium i manuellterapi for fysioterapeuter, vår 13 – høst 14

MANUELLTERAPI - MANT311, MANT312, MANT395

Anbefalt

Boyling JD, Jull GA (eds). Grieve's Modern Manual Therapy. 3rd ed. Elsevier - Churchill Livingstone, 2004.

Cook CE, Hegedus EJ. Orthopedic physical examination tests. An evidence-based approach. New Jersey: Pearson Prentice Hall, 2008.

Jones MA, Rivett DA. Clinical reasoning for manual therapists. Butterworth-Heinemann, 2004.

Kaltenborn FM. Manual mobilization of the joints. Volume I. The Extremities. 6th ed. Oslo: Olaf Norlis Bokhandel, 2002.

Kaltenborn FM. Manual mobilization of the joints. Volume II . The Spine. 6th ed. Oslo: Olaf Norlis Bokhandel, 2003.

Kirkesola G, Solberg AS. Klinisk undersøkelse av ryggen. 2dre utg. Kristiansand: Høyskoleforlaget, 2007.

Krauss JR, Evjenth O, Creighton D. Translatory Spinal Manipulation for physical therapists, 2006.

Lederman E. The science and practice of manual therapy. 2nd ed. Churchill Livingstone, 2005

Magee DJ. Orthopedic Physical Assessment,. 4th ed. Philadelphia: WB Saunders Co, 2002. (780 s.)

Pfund R, Zahnd. Differentiation, examination and treatment of movement disorders in manual therapy. Butterworth Heinemann - Elsevier, 2006.

Solberg AS. Klinisk undersøkelse av nakke-skulder. Høyskoleforlaget, 2002.

Dommerholdt & Huijbrecht: Myofascial triggerpoints. Pathophysiology and evidence-informed diagnosis and management. 2011. (*Alternativt bruke en annen bok om triggerpunkter*)

Artikler

Arnold C, Bourassa R, Langer T, Stoneham G. Doppler studies evaluating the effect of a physical therapy screening protocol on vertebral artery blood flow. Manual Therapy 2004; 9 (1): 13-21.

Cagnie B, Vinck E, Beernaert A, Cambier D. How common are side effects of spinal manipulation and can these side effects be predicted? Manual Therapy 2004; 9 (3): 151-156.

Carnes D, Mars TS, Mullinger B, Froud R, Underwood M. Adverse events and manual therapy: A systematic review. Manual Therapy 2010; 15:355-363.

Gross A, Miller J, D'Sylva J, Burnie SJ, Goldsmith CH, Graham N, Haines T, Brønfort G, Hoving JL. Manipulation or mobilisation for neck pain: A Cochrane Review. Manual Therapy 2010; 15: 315-333.

- Gross AR, Goldsmith C, Hoving JL, Haines T, Peloso P, Aker P, Santaguida P, Myers C. Conservative management of mechanical neck disorders. A systematic review. *J Rheumatol* 2007; 34(4): 1083-1102
- Falla D. Unravelling the complexity of muscle impairment in chronic neck pain. *Manual Therapy* 2004; 9 (3): 125-133
- Fersum KV, O'Sullivan PB, Kvåle A, Skouen JS. Inter-examiner reliability of a classification system for patients with non-specific low back pain. *Manual Therapy* 2009; 14: 555-561.
- Fersum KV, O'Sullivan PB, Skouen JS, Smith A, Kvåle A. Efficacy of classification based 'cognitive functional therapy' in patients with non-specific chronic low back pain (NSCLBP) – A randomized controlled trial. *European Journal of Pain* 2013. Early online version: [http://onlinelibrary.wiley.com/journal/10.1002/\(ISSN\)1532-2149/earlyview](http://onlinelibrary.wiley.com/journal/10.1002/(ISSN)1532-2149/earlyview)
- Fritz JM, Wainner RS. Examining diagnostic tests; an evidence-based perspective. *Physical Therapy* 2001; 81 (9): 1546-1564.
- Jull G, Trott P, Potter H, Zito G, Niere K, Shirley D, Emberson J, Marschner I, Richardson C. A randomized controlled trial of exercise and manipulative therapy for cervicogenic headache. *Spine* 2002; 27(17): 1835-1843.
- Kerry R, Taylor AJ, Mitchell JM, McCarthy C. Cervical arterial dysfunction and manual therapy: A critical literature review to inform professional practice. *Manual Therapy* 2008; 13(4): 278-288.
- Lederman E. The myth of core stability. *Pain association journal* 2007 (May); 23: 8-20.
- O'Sullivan PB. Diagnosis and classification of chronic low back pain disorders: Maladaptive movement and motor control impairments as underlying mechanism. *Manual Therapy* 2005; 10: 242-255.
- O'Sullivan. It's time for a change in the management of chronic non-specific low back pain. *Br J Sports Med* 2012;46:4 224-227
- Robinson R, Robinson HS, Bjørke G, Kvåle A. Reliability and validity of a palpation technique for identifying the spinous processes of C7 and L5. *Manual Therapy*, 2009; 14(4): 409-414.
- Rubinstein SM, Peerdeman SM, van Tulder MW, Riphagen I, Haldeman S. A systematic review of the risk factors for cervical artery dissection. *Stroke* 2005; 36(7): 1575-1580.
- Strender L-E, Sjöblom A, Sundell K, Ludwig R, Taube A. Interexaminer reliability in physical examination of patients with low back pain. *Spine* 1997; 22 (7): 814-820
- Nielsen LL. Utviklingen av norsk manuellterapi og dens rolle innen norsk fysioterapi. Seksjon for fysioterapivitenskap, UiB. 2008.

Ressurslitteratur

Butler D, Moseley L. Explain pain. Adelaide: Noigroup Publ. 2003.

Butler D. Mobilization of the nervous system. 2.utg. Churchill Livingstone, Edinburgh 2000.

- Chevan J, Clapis PA (ed.). Physical therapy management of low back pain. A case-based approach. Jones & Bartlett Learning, 2013
- Finch E, Brooks D, Stratford PW, Mayo NE. 2002 Physical Rehabilitation Outcome Measures: A Guide to Enhanced Clinical Decision Making. 2nd ed. BC Decker Inc: Hamilton, Ontario. ISBN 1-55009-220-0 information@physiotherapy.ca
- Douglas G, Nicol F, Robertson C (eds). Macleod's Clinical Examination. 11th ed. Elsevier Churchill Livingstone, 2005.
- Hartman L. Handbook of osteopathic technique. 3rd ed. Chapman & Hall, London 1997.
- Kaltenborn FM. Traction-manipulation of the extremities and spine. Basic trust techniques. Volume III. 1st edition. Oslo: Norli, 2008.
- Ombregt L, Bisschop P. A system of orthopaedic medicine. Saunders Comp., London 1995. 100 første sider, samt s.378-401.
- Sahrmann S & Associates. Movement system impairment syndromes of the extremities, cervical and thoracic spines. Elsevier Mosby 2011.
- IFOMPT: Clinical guidelines: <http://www.ifompt.com/ReportsDocuments/Clinical+Guidelines.html>
- Nasjonalt Ryggnettverk. Nasjonale kliniske retningslinjer for korsryggsmerter med og uten nerverotsaffeksjon. Oslo. 2007. www.formi.no
- Retningslinjer for generell undersøkelse i manuell terapi. NFF, Faggruppen for manuell terapi, 2003. <http://www.manuellterapi.com/default.aspx?sid=34>
- Retningslinjer for spesiell undersøkelse i manuell terapi. NFF, Faggruppen for manuell terapi, 2003. <http://www.fysio.no/ORGANISASJON/Faggrupper/Manuellterapi/Retningslinjer>