

**Anbefalt litteratur;  
PROPSY310 Kultur, helse og utvikling  
Våren 2014**

***Tema 1: Samfunn og kultur***

Berry, J. W., Poortinga, Y. H., Breugelmans, S. H., Chasiotis, A., & Sam, D. L. (2011) Cross-cultural psychology: Research and applications 3<sup>ed</sup> edition. Cambridge University press.

***Tema 2: Samfunn, individ og helse - sosial støtte, selvregulering og positiv utvikling***

Aarø, L.E., & Flisher, A. J. (2012). Health Behaviour in Context. In B. Wold & O. Samdal (Eds.), *An Ecological Perspective on Health Promotion Systems, Settings and Social Processes* (pp. 17-33). Bentham Science Publishers

Ciani, K.D., Sheldon, K.M., Hilpert, J.C., & Easter, M.A. (2011). Antecedents and trajectories of achievement goals: a self-determination theory perspective. *British Journal of Educational Psychology*, 81, 223–243

Green, L.W., & Kreuter, M.W. (2005): *Health Program Planning. An Educational and Ecological Approach*. New York, NY: McGraw-Hill Companies. Chapter 1.

Mittelmark, M.B. (2012). From Associations to Processes. In B. Wold & O. Samdal (Eds.), *An Ecological Perspective on Health Promotion Systems, Settings and Social Processes* (pp. 11-16). Bentham Science Publishers

Moore, L., de Silva-Sanigorski, A., & Moore, S.N. (2013). A socio-ecological perspective on behavioural interventions to influence food choice in schools: alternative, complementary or synergistic? *Public Health Nutrition*, 16(6), 1000 – 1005. doi: 10.1017/S1368980012005605.

Project GPS “Building Goal Management Skills to Strive”. Goal Selection, Pursuit of Strategies & Shifting Gears.

*(This is a manual about some practical ways to select, pursue and achieve goals; a joint project by the Institute for Applied Research in Youth Development (IARYD) of the Eliot-Pearson Department of Child Development at Tufts University and the Thrive Foundation for Youth of Menlo Park, California; Prof. Richard Lerner is the head of IARYD).*

Samdal, O., & Wold, B. (2012). Introduction to Health Promotion. In B. Wold & O. Samdal (Eds.), *An Ecological Perspective on Health Promotion Systems, Settings and Social Processes* (pp.3-10). Bentham Science Publishers

***Tema 3: Risiko- og beskyttelsesfaktorer***

Borge, A. I.H. (Ed). *Resiliens i praksis: Teori og empiri i et norsk perspektiv*. Oslo, Gyldendal Akademisk, 2007. Kap.: 1, 2, 3,4,7, 8,9,10.

Dishion, T.J., & Connell, A. (2006). Adolescents' Resilience as a Self-Regulatory Process. *Annals of the New York Academy of Sciences*, 1094(1), 125-138.

Fletcher, D. & M. Sarkar (2013). Psychological resilience: a review and critique of definitions, concepts, and theory. *European Psychologist* 18(1), 12-23.

Masten, A.S., & Obradović, J. (2006). Competence and resilience in development. *Annals of the New York Academy of Sciences*, 1094(1), 13-27.

Rutter, M. (2013). "Annual Research Review: Resilience - clinical implications. *Journal of Child Psychology and Psychiatry* 54(4), 474-487.

***Tema 4: Longitudinelle forskningsdesign og livsløpsforskning***  
*Kommer seinere*

**NB: Bøker kan kjøpes på Studia.**  
**Vitenskapelige artikler/kapitler legges ut på Mi side.**