

## EMNERAPPORT

Emnekode: INTH325A Emnetittel: Culture and Psycopathology	Semester: Vår	Institutt: Institutt for global helse og samfunnsmedisin
Emneansvarlig: David Sam Dato: 30.08.22	Godkjent i: Programutvalg for global helse	

### INNLEDNING:

- Oppfølging fra tidligere evalueringer:

Emnets emnebeskrivelse:

#### Objectives and Content

Like all systems of healing, biomedicine is a cultural product arising from Western industrialised countries. Yet practice of medicine to a large extent has shown very little cognisance to cultural and social factors. Biomedical conception of health and its practice are often transported from one part of the world to the other in packages of absolute truths. Notwithstanding great results, they have sometimes proven to be ineffective and even detrimental to the receiving group of people. Central to this problem is failure on the part of biomedicine to take into account culture's influence on people's attitudes, belief systems, conception of illness and disease, disease aetiology, and health-care seeking behaviour. In addition, while certain health problems (e.g. culture-bound syndromes) are difficult to understand using imported biomedical models from the West, they are readily understood within the cultural societies where they are manifested. The crux of this course is to examine mental illness, their manifestations, diagnosis, and treatment in different cultural societies.

The following areas of topics will be addressed during the 5-days of lectures:

- Culture and mental illness: Concepts, issues, models and theories
- Classification/grouping of mental disorders in diagnostic manuals: culture and methodology
- Review of some common mental illness (anxiety, mood, somatoform disorders and schizophrenia from a cultural perspective)
- Culture bound syndromes, cultural validations and their possible links with mental illness in the classification manuals
- Acculturation, multiculturalism and mental health
- Cross-cultural and multicultural psychotherapy: Help-seeking behaviour, treatment and prognosis

#### Number of weeks:

- 2 weeks (1 week face-to-face contact, 1 week self study)

#### Learning Outcomes

- On completion of the course the student should have the following learning outcomes defined in terms of knowledge, skills and general competence:

#### Knowledge

The student is able to:

- describe and identify the role of cultural variables in the aetiology of mental disorder.
- explain how cultural variables interact with biological, psychological and environmental variables to influence psychopathology.

#### Skills

The student is able to:

- appraise cultural variations in standards of normality and abnormality.
- critically evaluate cultural variations in the classification and diagnosis of psychopathology.
- describe and determine the cultural variations in the expression, course and outcome of psychopathology

#### General competence

The student is able to assess how cultural change affects adaptation outcome

Karakterfordeling ->:	A:	B:	C:	D:	E:	F:
2020	4	3	3			
2021	8	6		1		
2022	6	12	1			
<b>SAMMENDRAG AV STUDENTENE SIN EMNEEVALUERING (<i>hovedpunkt</i>):</b>						
<ul style="list-style-type: none"> <li>• The course on the whole was interesting, but the amount of work involved was demanding</li> <li>• The different essay topics made the course interesting – interviewing, self-chosen topic for essay, some specific assigned reading</li> <li>• The discussions were interesting and the time allocated was short sometimes</li> <li>• There were many different topics; some of these could have been discussed in breakout room</li> <li>• The breakout rooms did not work out well, because the allocated times were short; and a couple of times the entire zoom connection broke down</li> <li>• Some students wanted feedback on the essays they wrote with the hope of doing better on subsequent essays, and future essays as well</li> </ul>						
<b>EMNEANSVARLIG SIN EVALUERING:</b>						
<ul style="list-style-type: none"> <li>• The course on the whole went fine, but encountered a number of technical issues that resulted in ending a class too early</li> <li>• Lectures were recorded but the technical issues also affected the recording and lectures appeared fragmented</li> <li>• As pointed out by the students, there were some problems with breakout room discussions not going as expected</li> </ul>						
<b>MÅL FOR NESTE EVALUERINGSPERIODE - FORBEDRINGSTILTAK:</b>						