

Course: Preventive Health Psychology (Psyk352) – Spring 2011

Innledning: Oppfølging av eventuelle tidligere evalueringer

The course comprised two major lectures of two hours each, a summary lecture, group work – written assignment and oral presentation by students. The course requires two weeks of full-time work. Students had in an earlier evaluation commented that the course was quite intensive and that they were more occupied with getting the assignment done rather than reflecting on the relevance of the course to their future carrier. However, no changes were made as it is the norm at the Faculty of Psychology that 3ects courses such as Psyk352 are usually taught within two weeks.

Faglærers vurdering av undervisnings- og vurderingsformer & Pensum

The content of the course appeared appropriate in line with the norm of the Faculty of Psychology. The reading list adequately addressed the topics of the course.

Studentstatistikk: Vurderings- og undervisningsmeldte; Strykprosent og frafall; Karakterfordeling

The two major lectures of the course and the oral presentation had compulsory attendance. Fifty-six students registered for the course while fifty-four attended. Although offered at the fifth semester, a number of students at lower semesters attended the course. International students with varying degrees of knowledge in psychology also took the course. Students were awarded a pass or fail grade upon completion of the compulsory components of the course. None of the students failed.

Rammevilkår: Lokale og undervisningsutstyr; Andre forhold

The lecture room was big enough to accommodate students and there was access to the needed equipment.

Studentevalueringer: Metode – gjennomføring; Studentenes vurderinger og tilbakemeldinger; Faglærers kommentar

25 of 54 students responded to the evaluation of the course. While the students consented that the topics in the lectures were in accordance with recommended literature, they would like to have more practical examples related to the different theoretical topics of the course. In addition, students commented that the workload for the 3ects course was quite high.

While the inclusion of more practical examples is a welcome suggestion, one of the aims of the course is for students to design an intervention program to address the health and wellbeing of a target population, a project which is supposed to also include students in an active discussion of the relevance of theory in practice.

Andre merknader (for eksempel undervegstiltak)

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Faglærers samlede vurderinger, med eventuelle forslag til endringer

As the class gets bigger so also do the challenges. It is recommended that students in the professional study take the course during their fifth semester and that there should be some form of criteria and a limit to the number of international students who can take the course.

In response to the students' comment on workload, lectures are no more going to be compulsory for this course, which is in accordance with the practice of other 3ects courses at the Faculty of Psychology.