

## EMNERAPPORT NUTR240 AUTUMN 2014 / SPRING 2015

|                                |                                  |               |
|--------------------------------|----------------------------------|---------------|
| Emnekode: Nutr240              | Semester:                        | Institutt: K1 |
| Emnetittel: Livstil og livsløp | H 2014 and V 2015                |               |
| Emneansvarlig: Jutta Dierkes   | Godkjent i:                      |               |
| Dato: September 2015           | Programutvalg for ernæring, h 15 |               |

### INNLEDNING:

- Oppfølging fra tidligere evalueringer:
- The course was changed from earlier semesters due to the necessity to introduce topics from clinical nutrition earlier, thus already in the bachelor programme, to the students. Earlier evaluations showed that the course was slightly less amount of work than 15 ECTS, so the opportunity was taken to add content that has before been part of Nucli353.
- This required that the course was formally divided into Nutr240A (autumn semester, 10 ECTS, taught in English and open to exchange students), and into Nutr240B (spring semester 5 ECTS, taught mainly in Norwegian)

### STATISTIKK:

|                                       |          |  |    |               |     |     |
|---------------------------------------|----------|--|----|---------------|-----|-----|
| Antall vurderingsmeldte studenter: 17 |          | Antall studenter møtt til eksamen:<br>17 (+ 4 in Nutr240A and 2 in Nutr240B) |    |               |     |     |
| Karakterfordeling<br>->:              | A:       | B:   | C: | D:            | E:  | F:  |
| Eller ->:                             | 2        | 7  | 13 | 1             | --- | --- |
|                                       | Bestått: |  |    | Ikke bestått: |     |     |

### SAMMENDRAG AV STUDENTENE SIN EMNEEVALUERING (hovedpunkt):

We did not evaluate the course formally with the students.

### EMNEANSVARLIG SIN EVALUERING:

- The course was newly designed, and the formal division into 2 courses caused some confusion in the beginning, however, was the only way to offer this course to exchange students and also to students at UiB who followed an exchange semester during autumn.
- Basically, Nutr240A was mainly identical with Nutr240 from 2013 and before. Nutr240B covered topics earlier taught in Nucli353, but that suited well for bachelor students in their final year of education.
- Nutr240A was based on 11 lectures (90 min each) and 2 lectures using team-based approach learning (90 min each). Due to time constraints, additional 4 lectures (90 min each) were held in January and therefore part of Nutr240B (only relevant for the

exchange students)

- Nutr240B was based on lectures and practicals which were held in January 2015, in total 6 days presence time
- Pensum:
- Nutr240A: Simon Langley Evans: Nutrition, a lifespan approach. Wiley-Blackwell 2009, ISBN 978-1-4051-7878-5, and selected articles
- Nutr240B: Manual of Dietetic Practice. 5<sup>th</sup> ed., edited by Joan Gandy in conjunction with the British Dietetic Association. Wiley Blackwell: England, 2014. chapters 7.13 (p727-755), 3.8.20 (p204-206) and 7.12 (p711-726), and selected articles
- We used as an experiment team-based learning approaches for 2 topics. Students had to read specific pensum articles beforehand, pass a multiple-choice test based on the pensum articles at the start of the lecture, and then work in groups for solving a problem related to the topic. This worked very well and got positive feedback. It has to be mentioned that the auditorium that was used for that was not suitable for group work.

MÅL FOR NESTE EVALUERINGSPERIODE - FORBEDRINGSTILTAK:

Formal evaluation by the students should be done after the next turn (spring 2016)